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## **NUTRITIONAL CONSULTANT JOB DESCRIPTION**

Chatham Works is a combination Fitness Center + Coworking Space + Retail Shop. Our mission is to help our customers live happier, healthier, and better lives. We opened for business in July, 2019, and we're very focused on serving the community year-round.

### **Nutrition @ Chatham Works**

Our Nutritional Consulting offerings are a central part of how we help our clients stay healthy and improve their lives. We offer standalone nutritional consulting packages, and provide baseline nutritional education to all new annual THE WORKS fitness members. We also offer periodic nutrition oriented workshops.

### **Nutritional Consultant – Job Description**

Chatham Works is seeking to hire a Massachusetts licensed Dietician/Nutritionist to serve as part time Nutritional Consultant (NC) to help us strengthen and grow the nutrition side of our business.

### **Responsibilities:**

- Educate the general population of Chatham Works customers in both group and 1-on-1 settings about basic nutrition information, and nutrition's central role in overall health and wellness.
- Help clients interpret their InBody body composition scans and understand how to use their scan results to help them optimize their overall health and achieve specific goals.
- Engage and consult with clients who purchase Nutritional Consulting packages to help them with weight management, nutrition, exercise and stress management with the goal of helping them improve their overall wellness.
- Lead wellness presentations and workshops, and other program development and enhancement activities. The NC is encouraged to take an active role in helping us grow our overall Nutrition practice.
- Participate in the development of resource materials for participants based upon scientific evidence, and contribute ideas and content for marketing purposes.
- Support Chatham Works' mission statement and core values in all activities.
- Forge relationships with members/nonmembers to add value to membership and enhance nutrition referrals
- Maintain strong relationship with other Chatham Works staff.

Personal **characteristics and traits** we're looking for include:

- Passionate about health and wellness, and helping people.
- Highly empathetic and collaborative, with outstanding people and communication skills.
- Deep commitment to our mission and values (see below).
- Positive “can do/will do” attitude, and strong work ethic.
- Innate personal integrity (including punctuality).
- Strong organizational skills and attention to detail.
- Consistently professional demeanor and appearance.

Specific **core duties** required of the **Nutritional Consultant** position include:

- Maintain current Nutritionist or Dietician licensure in state of Massachusetts.
- Certified Personal Trainer Certificate is highly desirable. At least one certification from an ICE-NCCA accredited organization (i.e. NASM, NSCA, ACSM, ACE) preferred.
- Experience in Weight Loss management a plus.
- Two or more years of Nutrition Counseling/Personal Training.
- Demonstrable and provable track record of driving revenue, hitting financial goals for program participation and profitability as an individual and as team contributor.
- Proven track record of motivating and inspiring participants to reach fitness and nutritional goals.
- Current first-aid and CPR certifications, and able to react and move forward in an emergency situation.
- Excellent proficiency in the use of a computer, telephone, the Google Suite, the Internet and web-based tools, and willing and able to learn how to use new resources.
- Possess the ability and professional curiosity to stay up to date with current nutritional guidelines.
- Collecting and sharing staff and customer feedback.
- Participating in all required staff meetings and other required activities.
- Assisting in the development, implementation, and promotion of programs and events.
- Actively yet tactfully promoting Chatham Works’ various offerings to both existing and prospective members.

(Note that all applicants may be requested to grant us authorization to perform a pre-employment background check.)

**Hours:** This is a part-time position for approximately 10 hours per week to start, with potential for hours to increase based on client demand. Hours are relatively flexible – mornings and evening hours preferred. But having a regular schedule is imperative for client scheduling purposes.

### **Compensation & Benefits**

This is an hourly year-round position at competitive wages (or better).

Benefits include discounts on all Retail items, facility/class access (depending on availability), and potential for stipends for professional development (depending on hours worked).

Interested candidates are asked to email a resume accompanied by a brief written description of relevant experience, qualifications, and accomplishments to [jobs@chathamworks.com](mailto:jobs@chathamworks.com) .

**CHATHAM WORKS IS AN EQUAL OPPORTUNITY EMPLOYER**

## Chatham Works' Mission Statement

Chatham Works' mission is to help our customers live healthier, happier, and better lives.

<b>CHATHAM WORKS' CORE VALUES</b>	
<b>CARING</b>	Our actions consistently demonstrate that we genuinely care about what we do, how we do it, and the experience we offer to our customers.
<b>POSITIVITY</b>	We are committed to creating and nurturing a positive, fun, and inspiring environment, and to serving as a positive influence within our local community.
<b>RESPECT</b>	We respect our customers and our employees as human beings, and strive to treat them in the same way that we ourselves like to be treated. And we expect that our employees and customers will all show each other the same degree of respect and consideration.
<b>EXCELLENCE</b>	We consistently offer exceptional facilities, training, instruction, customer service, and overall customer experience.
<b>VALUE</b>	Every service and product we sell represents a fair and compelling value for our customers.
<b>INNOVATION</b>	We combine fresh ideas and technology to enhance and improve our offerings, our customers' lives, and our business.
<b>CONTINUOUS IMPROVEMENT</b>	We actively solicit, share, and act upon feedback from our customers and our employees to improve our offerings, our business, and the experience we provide to our customers.